HEADMASTER'S WEEKLY NEWSLETTER



Dear Parents

Across the academic year, we discuss, debate and upskill the children about a number of topics that develop their wider education beyond the classroom, often centred around a theme or topic that is being discussed on a national scale.

This week was Children's Mental Health Awareness Week, with the School engaging in this national event by hosting an assembly to launch the occasion, alongside library activities and mindfulness and yoga clubs during the lunchtime break. Under the theme of 'My Voice Matters', the children were also encouraged to place greater importance on the manner in which they spoke to each other, thereby taking on board the feelings of the recipient in any conversation. Monday also coincided with Safer Internet Day, with Mr Williams and the Digital Leaders delivering excellent assemblies across the School on how to stay safe online. Within the assemblies they unveiled their new posters centred around the words 'USE – IT', an acronym to help them think about potential pitfalls when using the internet.

Last Friday, the Year 7 members of our Adventure Skills Academy (ASA) visited Chiswick House Residential Home, meeting residents and sharing stories with them. It was wonderful to be able to do this during the school week, helping to develop intergenerational friendships along the way, while continuing to develop still further the excellent partnership with our charity for the year, Friend in Deed.

Over the course of the last 7 days, our senior and Colts age hockey and netball teams have been busy representing the school at IAPS regional events, where they have put in some hugely impressive performances against some strong opposition.

On the sporting theme, our Year 3 and 4 swim squads were in action against Langley Prep earlier this week, where they competed strongly to come away as victors. In addition, our cross country runners have been busy, with 32 runners from Years 3-6 competing at the Norwich Lower School Cross Country event.

Last night saw the first performance of the Year 4 play Splash! which was met with critical acclaim by all those who watched the performance. I know we are all eagerly anticipating the second showing tonight.

To those within our community celebrating Chinese New Year, I wish you all a wonderful day tomorrow and I hope you enjoy ushering in the Year of the Dragon.

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