



1st March 2019

Dear Parents

Year 6 Girls' Puberty Talk

On Wednesday 6th March our School Doctor, Rachel Carroll, will speak to your daughter about growing up and puberty. This is part of the RSE (Relationship and Sex Education) syllabus. There will also be a follow up session on Tuesday 12th March.

First of all, Dr Carroll will be talking to the girls about the physical and emotional changes they will be or are already experiencing and in the follow-up session there will be a question and answer activity.

We realise that some of the girls in Year 6 have already experienced menstruation, but we hope that the majority of the others will benefit from this part of PSHE and we would like to reassure you that any issues will be dealt with in a sensitive and informed way.

We have also received a donation from The National Schools' Partnership of some sample packs, information booklets for the girls and a leaflet for parents, which we will be sending home with your daughter.

Please contact me if you have any queries about this part of your daughter's education.

Yours sincerely

Mrs Shane Hale