



3<sup>rd</sup> March 2017

Dear Parents

## Year 6 Puberty Talk

On Tuesday 7<sup>th</sup> March your daughter will be having a talk given by our School Doctor, Rachel Carroll, about growing up and puberty. This is part of the SRE (Sex and Relationship Education) element of the PSHE syllabus. There will also be a follow up session on Wednesday 15<sup>th</sup> March.

First of all, Dr Carroll will be talking to the girls about the physical and emotional changes they will or may already be experiencing and in the follow up session there will be a question and answer activity.

We realise that some of the girls in Year 6 have already experienced menstruation, but we hope that the majority of the others will benefit from this part of PSHE. We would like to reassure you that any issues will be dealt with in a sensitive and informed way.

Please contact me if you have any queries about this part of your daughter's education.

Yours sincerely

Mrs N Webb  
Head of PSHE